

## DOSE RESPONSE CURVE OF VARIOUS PLANT EXTRATS ON G+ve AND G-ve BACTERIAL ISOLATES

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### ABSTRACT

The plant extracts are being significantly used in the treatment of various infectious diseases and have a greater impact in Unani medicines. This presentation explores the effects of test plant extracts of garlic and ginger juice and aqueous extracts of coriander and mint prepared in ethanol, methanol and acetaldehyde with the comparison of chloramphenicol and gentamycin antibiotics as control. Our observation revealed that, garlic juices at 25  $\mu$ l concentrations are effective on *S. aureus* and *E. coli* whereas ginger showed maximum activity on *Ps. aeruginosa*, *S. aureus* whereas 20  $\mu$ l concentration revealed antibacterial activity against *E. coli* respectively. The aqueous extracts of coriander and mint extracts prepared in ethanol has greater antimicrobial activity against *Ps. aeruginosa* and *E. coli* respectively as compared to *Staphylococcus aureus* and *Streptococcus pyogenes*.

Spectroscopic observations showed antibacterial activity at 20 and 25  $\mu$ l concentrations of mint and coriander 0.121 and 0.118 against *E. coli*, *Pseudomonas aeruginosa* and *Pseudomonas aeruginosa*, *E. coli* as compared to other strains at  $A_{600}$  respectively.

Key words: Herbal medicines, G-ve and G+ve bacteria, antimicrobial effects

### INTRODUCTION

Central Asian countries Pakistan, China, Srilanka, India are rich in Unani medicines produced through different herbal plants that are significant for the development of new medicines with less side effects (Hamarneh 1999; Srivastava & Kumar 2000). Antimicrobials dietary substances are used in food for two main reasons such as to control natural spoilage processes and to prevent microbial contamination. Human nutrition significantly has preservative and medicinal properties (Mukherjee & Wahile 2006; Noor et al., 2011). Today many diseases are known to have unknown mortality in the globe and are eliminated by the use of herbal treatment (Bakht & Shafi 2012; Draughon 2004; Kumar 2008).

Various diseases are being under trials to be treated by plant scientists, pharmacists, microbiologist and others (Sakata et al., 2009; Wadud et al., 2007) and also in search of the substances that could be more efficient against the infectious diseases (Kumar 2008; Jain et al., 2009; Hanzi et al., 2008). This work represents the use of dietary plant extracts that have antimicrobial effects on G+ve and G-ve bacteria such as Ginger/*Zingiber officinale*, Mint/*Mentha arvensis* (Barbosa et al., 2009) and Coriander/*Coriandrum sativum* (Angienda et al., 2010).

### MATERIALS AND METHODS

**Preparation of herbal extracts:** The preparation of extracts was done by the modified method of Jain et al., (2009). The ginger and garlic were purchased, washed with water, dried and cut into small pieces separately and later kept in little warm water for 18-24 hours and finally boiled to get 25 ml juice of the ginger and garlic suspension separately.

Leaves of Coriander and Mint were plug off and kept them in tray to dry in open environment for drying for seven days then homogenized fine powder was obtained; 60-80 mesh by Meinzer II Sieve shaker using a commercial electric grinder (WK-802). The powdered material was stored in air tight sterilized bottles in refrigerator at 4°C for further use. Known amount (30gm) powder of each plants sample was extracted by soxhlet apparatus and powdered extracts were allowed for preparation of ethanol, methanol and acetaldehydes.

**1- Antibiotic Assay (Control):** Discs were prepared by Whatman's No.1 filter paper discs of 6 mm diameter and soaked in hot distilled water. The distilled water was removed and the discs were kept in hot air oven for 2 hours at 80°C. Commercially available antibiotic gentamycin (10 $\mu$ g) and chloramphenicol (30 $\mu$ l) were used as control. Antibiotic assay was performed by soaking discs for 10 minutes and later placed in laminar chamber according to (Nostro et al., 2000; Baris et al., 2006). Impregnated discs were placed on the surface of pre-inoculated test cultures of *Staphylococcus aureus*, *Streptococcus pyogenes*, *E. coli* and *Pseudomonas aeruginosa*. These plates were kept for incubation over night at 37°C to determine zone size against control antibiotics.

### ANTIMICROBIAL ACTIVITY OF PLANT EXTRACTS

**1- Disc diffusion method:** Test cultures were examined on two ethanolic and methanolic extracts of mint and coriander and two juices of garlic and ginger by Kirby-Bauer disc diffusion method

(Nostro et al., 2000; Baris et al., 2006; Basri and Fan 2005). The Whatman's filter paper discs were placed separately in each extract (0.2 ml approximately) of garlic, ginger juice and mint and coriander extracts dissolved in ethanol, methanol, acetaldehyde and distilled water for 10 minutes, placed on Mueller Hinton agar plates and incubated overnight at 37°C.

**2- Spectroscopy:** Two concentrations of the test extracts with greater zone of inhibition (20 and 25 µl) were prepared in Mueller Hinton broth containing test cultures separately. The culture suspensions were incubated for 24 hours at 37°C and observed at  $A_{600}$  (Noor et al., 2011). All experiments were performed in triplicate and their mean values were reported according to (Basri and Fan 2005; Noor et al., 2011).

## RESULTS

Two antibiotic discs chloramphenicol (30 µg) and gentamycin (10 µg) were used as control that revealed maximum zone of inhibition 22 and 23 mm on the growth of *E. coli* and *Staphylococcus aureus* respectively (Table-1). Garlic and ginger juices were diluted at 05, 10, 15, 20, 25 (µl) concentrations that revealed maximum zone of inhibition 21, 20, 22, 20 and 18, 17, 20, 22 mm at 20, 25, 25, 20 and 25, 25, 20, 25 µl (Table-2, Fig.1) whereas test extracts prepared in ethanol, methanol and acetaldehyde were also tested by disc diffusion method that revealed 18, 20, 21, 22 mm zone of inhibition of *Staphylococcus aureus*, *Streptococcus pyogenes*, *E.*

*coli*, *Pseudomonas aeruginosa* respectively at 25, 25, 20, 25 and 25, 20, 20, 25 (µl) concentrations of ethanolic extract of *Mentha arvensis* and *Coriandrum sativum* extracts that indicates the maximum inhibition as compared to other extracts respectively (Table 3-4, Fig. 2-3).

Spectroscopy of two concentrations (20 and 25 µl) having greater antimicrobial activity was done at 600 nm. The observations of both garlic and ginger juice showed greater antimicrobial activity 25 µl concentration on the growth of *E. coli* as compared to other test strains (Fig. 4). Ethanolic extracts of mint and coriander showed maximum growth inhibition 0.121, 0.118 and 0.111, 0.103 of *Staphylococcus aureus* and *Pseudomonas aeruginosa* and *Pseudomonas aeruginosa* and *Streptococcus pyogenes* at  $A_{600}$  as compared to other strains and extracts prepared in methanol and acetaldehyde respectively (Fig. 5-6).

Table-1: Effect of Chloramphenicol and Gentamycin (Control) antibiotics on the growth of test strains

| Test strains                  | Chloramphenicol | Gentamycin |
|-------------------------------|-----------------|------------|
|                               | Zone size (mm)  |            |
| <i>Staphylococcus aureus</i>  | 18              | 23         |
| <i>Streptococcus pyogenes</i> | 15              | 19         |
| <i>Escherachia coli</i>       | 22              | 14         |
| <i>Pseudomonas aeruginosa</i> | 21              | 11         |

Table-2: Effect of test extract *Allum sativum L.* (Garlic) juice and *Zinger officianale L.* (Ginger) at various concentrations (µl) on the growth of test bacteria.

| Test strains                  | Zone size (mm) at various concentrations (µl) |    |    |    |    |        |    |    |    |    |
|-------------------------------|---|----|----|----|----|--------|----|----|----|----|
|                               | Garlic  |    |    |    |    | Ginger |    |    |    |    |
|                               | 05  | 10 | 15 | 20 | 25 | 05     | 10 | 15 | 20 | 25 |
| <i>Staphylococcus aureus</i>  | 13  | 15 | 18 | 20 | 21 | 08     | 11 | 15 | 18 | 21 |
| <i>Streptococcus pyogenes</i> | 09  | 11 | 14 | 18 | 20 | 12     | 14 | 15 | 17 | 19 |
| <i>Escherachia coli</i>       | 11  | 14 | 18 | 20 | 22 | 11     | 14 | 18 | 20 | 20 |
| <i>Pseudomonas aeruginosa</i> | 11  | 13 | 16 | 17 | 20 | 14     | 16 | 19 | 21 | 22 |

Table-3. Effect of *Cooriandrum sativum L.* on the growth of test strains

| Test strains                  | Zone size (mm) at various concentrations (µl) |    |    |    |    |          |    |    |    |    |              |    |    |    |    |
|-------------------------------|---|----|----|----|----|----------|----|----|----|----|--------------|----|----|----|----|
|                               | Ethanol                                       |    |    |    |    | Methanol |    |    |    |    | Acetaldehyde |    |    |    |    |
|                               | 05  | 10 | 15 | 20 | 25 | 05       | 10 | 15 | 20 | 25 | 05           | 10 | 15 | 20 | 25 |
| <i>Staphylococcus aureus</i>  | 08  | 10 | 12 | 15 | 18 | 06       | 07 | 10 | 12 | 12 | 04           | 06 | 07 | 10 | 10 |
| <i>Streptococcus pyogenes</i> | 10  | 15 | 18 | 20 | 20 | 04       | 07 | 11 | 14 | 16 | 06           | 08 | 10 | 13 | 15 |
| <i>Escherachia coli</i>       | 11  | 14 | 18 | 21 | 21 | 09       | 12 | 14 | 16 | 18 | 04           | 07 | 9  | 13 | 14 |
| <i>Pseudomonas aeruginosa</i> | 12  | 15 | 18 | 20 | 22 | 11       | 12 | 14 | 16 | 19 | 07           | 10 | 13 | 15 | 15 |

Table-4: Effect of *Mentha arvensis L.* on the growth of test bacteria

| Test strains                  | Zone size (mm) at various concentrations (µl) |    |    |    |    |                 |    |    |    |    |                     |    |    |    |    |
|-------------------------------|---|----|----|----|----|-----------------|----|----|----|----|---------------------|----|----|----|----|
|                               | <i>Ethanol</i>                                |    |    |    |    | <i>Methanol</i> |    |    |    |    | <i>Acetaldehyde</i> |    |    |    |    |
|                               | 05  | 10 | 15 | 20 | 25 | 05              | 10 | 15 | 20 | 25 | 05                  | 10 | 15 | 20 | 25 |
| <i>Staphylococcus aureus</i>  | 11  | 14 | 18 | 21 | 18 | 06              | 08 | 11 | 13 | 16 | 09                  | 10 | 12 | 13 | 13 |
| <i>Streptococcus pyogenes</i> | 08  | 10 | 13 | 13 | 17 | 09              | 12 | 14 | 16 | 17 | 06                  | 07 | 09 | 10 | 11 |
| <i>Escherachia coli</i>       | 12  | 14 | 18 | 21 | 21 | 09              | 11 | 13 | 18 | 20 | 04                  | 06 | 09 | 12 | 15 |
| <i>Pseudomonas areuginosa</i> | 11  | 13 | 15 | 18 | 21 | 08              | 11 | 14 | 16 | 16 | 07                  | 09 | 12 | 13 | 16 |

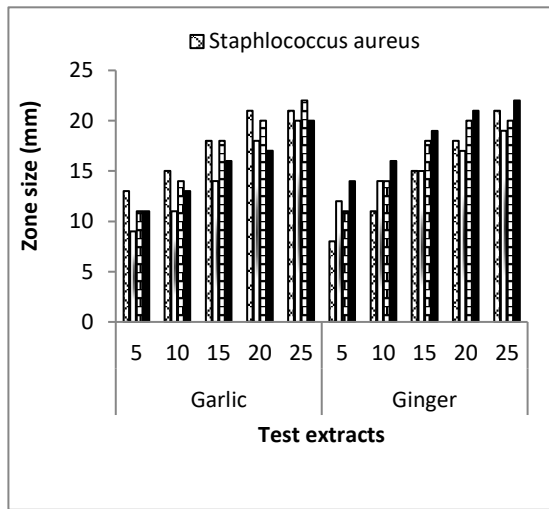


Figure-1: Effect of test extract *Allum sativum L.* juice and *Zinger officianale L.* at various concentrations (µl) on the growth of test strains.

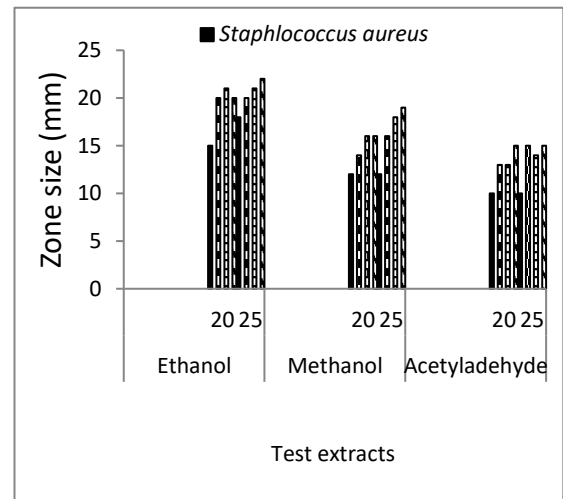


Figure-3: Effect of *Mentha arvensis L.* on the growth of test bacteria

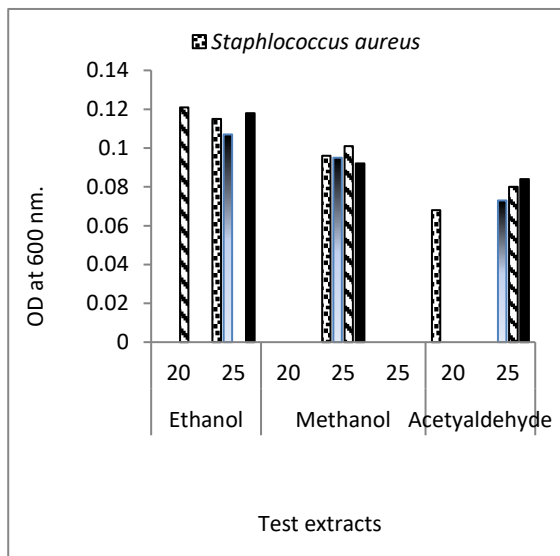


Figure-2: Effect of *CorriandrumsativumL.* on the growth of test strains

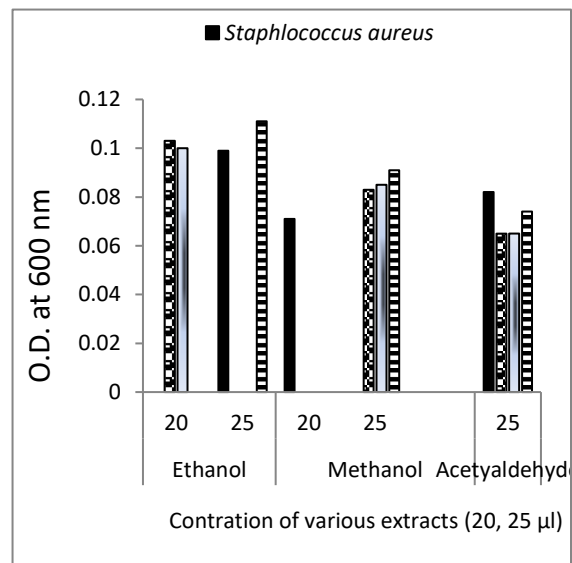


Figure-4: Antimicrobial activity of garlic and Ginger juice at 25 (µl) concentration test strains at 600 nm

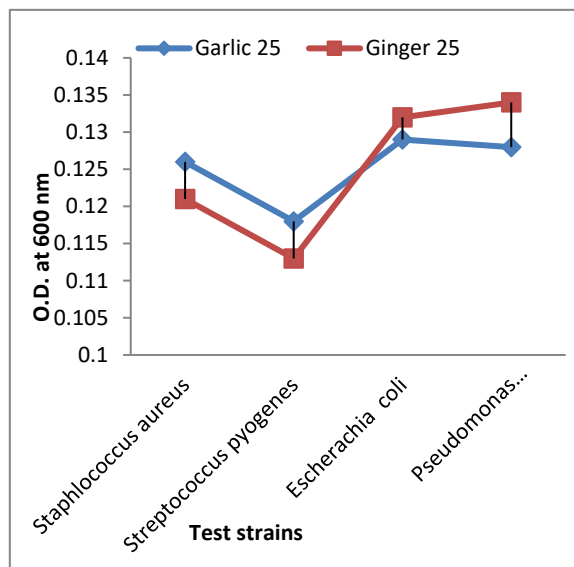


Fig.-5: Antimicrobial activity of *Corriandrum sativum* L. extracts in ethanol, methanol and acetaldehyde at 20, 25 ( $\mu$ l) concentration test strains at 600 nm

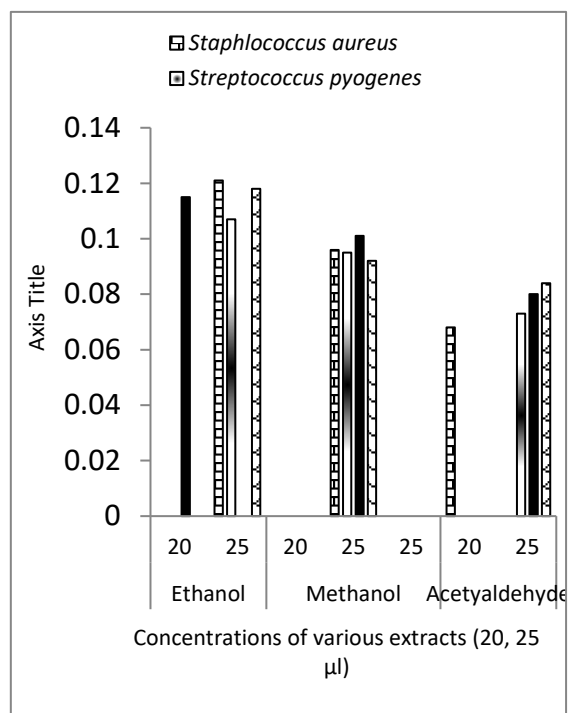


Fig.-6: Antimicrobial activity of *Mentha arvensis* L. extracts in ethanol, methanol and acetaldehyde at 20, 25 ( $\mu$ l) concentration test strains at 600 nm.

## DISCUSSIONS

Plant extracts are known to be used since many years as alternative medicine for health assurance (Bauer et al., 1959). This work presents the antibacterial activity of garlic and ginger juices and the plant extracts *Mentha arvensis* and *Corriandrum sativum* dissolved in solvents in order to release the antimicrobial compounds present in the plant extracts. The test strains were sensitive to the test extracts due to high potency of the compounds and the

solvents used chemical composition, diffusion into the medium, hydrophobic nature or disturbing cellular structures (Bauer et al., 1966; Bakht & Shafi 2012). Many G+ve and G-ve bacteria are sensitive to ginger especially the colon residing bacteria due to the presence of efficient antibacterial compounds. The effect on gram negative bacteria may be due to the fact that the degree of depolarization and increased permeability in the lipid bilayer may allow the known antibacterial compounds in to the cell. The observation highlights our results in accordance to (Noor et al., 2011; Bakht & Shafi 2012). It has been also known that leakage of ions and other cell constituents also supports the passage of antimicrobial substances that may interact with cellular metabolic mechanisms (Evrendilek and Balasubramaniam, 2011) that indicates the permeability, which impair the respiration, efflux pump activity and membrane potentials of the cell (Bakht & Shafi 2012). Gram positive bacteria may show less sensitivity against the menthol containing (Joshi et al., 2011). On the other hand, mint has greater effect of *E. coli* due their active ingredients may be due to differences of specific compounds and selectivity of action (Jagetaet al, 2003). More specifically on the growth of particular microorganism the effect of plant extracts may be due to the intrinsic and extrinsic factors (Marino et al, 2011).

## CONCLUSIONS

The present study was carried out to identify traditional plants that are effective against human pathogens *Staphylococcus aureus*, *Streptococcus pyogenes*, *E. coli*, *Pseudomonas aeruginosa*. It is concluded that garlic and ginger have has greater effect on *E. coli*, *S. aureus* and *Ps. aeruginosa*, *S. aureus* respectively whereas the ethanolic extract of coriander and mint has greater antimicrobial activity against *Ps. aeruginosa*, *E. coli* and *E. coli*, *Ps. aeruginosa* respectively. It is further concluded that plant extracts prepared in ethanol has more antimicrobial activity than the other extracts. The use of plant extracts and phytochemicals, with known antimicrobial properties, could be of great significance in disease treatments.

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